

Happy Fathers Day!

Fathers in a lockdown situation there is no reason not to achieve some quality shed-time.

I hope everyone who has contact with a father was able to say or do something to encourage a father in this important task.

And to all of us children I encourage you to find a way to follow God's command to honour our mothers and fathers, especially those who fell short in our eyes.



Thankyou

Thank you to all those people finding creative and generous ways of keeping in touch and doing those little acts of kindness and grace that keep a community together. So please continue to:

1. meeting online for your home / midweek groups...
2. make those phone calls...
3. putting that card or note in someone's letterbox...
4. walking past their home and waving from a safe distance...

I just had to ask!!!



Exercising in Lockdown



Creating Communities of Hope

11am Tuesday September 7, 2021

One hour online to address isolation in regional communities and to inspire hope in those communities. Led by Dr Monica Short (CSU) and Rev Sarah Plummer (Anglicare). Zoom Link is

<https://charlessturt.zoom.us/j/68965985273?pwd=NFVocmZONTI2NmZBTFpwZHIQ3RMdz09>, Passcode: Canberra

Lockdown and Mental Health

Rev Keith Condie is part of the Mental Health Institute in Sydney (<http://www.mentalhealthinstitute.org.au>) and the following link is a recorded interview between our Bishop Mark Short and Rev Keith Conie that was recently shared with clergy... well worth the time (20 mins) to listen to.

[Interview with The Reverend Keith Condie on lockdown and mental health](#)

If you have any concerns, comments or suggestions during the lockdown please call Rev Ken on 0455 324449

6 Ways to pray with Afghanistan

Open Doors provides this helpful link to effective prayer with and for the Nation of Afghanistan.

https://www.opendoors.org.au/persecuted-christians/blog/how-to-pray-with-afghanistan-6-ways-you-can-pray?cid=2109AC_RR_Email_1&utm_source=Marketing_Cloud&utm_medium=email&utm_campaign=2109AC_RR_Email_1&utm_term=&utm_content=Ad+Button

Now for something completely different

The Spooky Men's Chorale is Australian and one of the best live male Capella choirs in the world!

Humorous, energetic such a treat!!!

They are presenting a live online event just click on

<https://youtu.be/0kP7396yUlo> on **Wednesday 8 Sept, @ 8pm:**

They are even having an afterparty!!

Check out their music at <https://spookymen.com/listen/?v=6cc98ba2045f>



Zoom Church this week

Wednesday 8st September - 10am

Leader	Bible	Prayers	Sermon
Russell K	Jeanie Y Col 3:1-11 Luke 6:12-19	Greg H	Gospel Life 4 - Community

Sunday 12th September - 9am

Leader	OT Bible	NT bible	Prayers
Janine L	Russel B Psalm 19 Prov 1:20-33	Jeanie Y James 2:18-2 Mark 8:27-38	Bili M

- Click on the link button on the front page of our website, or
- paste this link into your internet browser on your smart Phone, tablet or PC
<https://adcg.zoom.us/j/93204140807?pwd=dC9ZWDR3aUNicmxLanhoZ0pjbzBBdz09>
- After the service hang around for an online morning tea after every service.
- Watch previous Zoom services on the St Pauls Youtube Channel -
https://www.youtube.com/channel/UCZiQ8MQtdvi2gM_8F6Kl2cg

The Five Love Languages - Gary Chapman (2015)

One of our deepest emotional needs is to feel loved by the significant people in our lives.

The 5 Love Languages® helps you effectively communicate love. What makes one person feel loved will not make another person feel loved.

We must discover and speak each other's love language.

When we attempt to express our love or gratitude for another person, we must do so in the manner that they understand: otherwise, well, we are speaking a foreign language!

Gary Chapman has identified 5 different ways that we receive love from or give love to another:

1. quality time - time totally focussed on them
2. words of affirmation - verbal expression of thanks for them and their acts
3. gifts - tangible expressions to hold
4. acts of service - doing things for them
5. physical touch - contact!!

Gary Chapman has since written other books in the series focussing on Singles, Couples, Children, Teenagers and Men.

